

DOT Medical Clearance: **CARDIAC VALVE SURGERY**

DOT Physical Exam Medical Clearance

Patient _____

Date _____

DOB _____

The above driver has presented for a DOT medical certificate to drive a commercial motor vehicle. Per Federal Motor Carrier Safety Administration medical guidelines, we ask for your professional opinion to determine if the driver is medically cleared to operate a commercial vehicle and that s/he meets the following FMCSA medical guidelines for drivers with a history of **CARDIAC VALVE SURGERY**:

FMCSA GUIDELINES FOR HISTORY OF CARDIAC VALVE SURGERY

Valve Replacement: A minimum waiting period of 3 months post-op

Surgical Commissurotomy: A minimum waiting period of 3 months post-op

Percutaneous Balloon Mitral Valvotomy: A minimum waiting period of 1 month post-procedure

Any of the following disqualify the driver:

- The driver is symptomatic
- LV dysfunction, i.e., EF < 40%
- Thromboembolic complications post-procedure
- Pulmonary Hypertension
- If indicated, driver unable to maintain adequate anticoagulation

The demands of a commercial driver include loading/unloading heavy cargo, tarping trailers, coupling/uncoupling trailers, inspecting brake lines and putting on tire chains and require perceptual skills to monitor a complex driving situation and judgment skills to make quick decisions in addition to the ability to control an oversize steering wheel, shift gears using a manual transmission, maneuver a vehicle in crowded areas, enter and exit the cab frequently, and the ability to climb ladders on the tractor/trailer.